

**Nutrigenomic Interpretation Waiver**

Nutrigenomic consultations will provide brief descriptions for individual’s single nucleotide polymorphisms (SNPs) based on their 23andMe raw data. The patient is responsible for processing this data through LiveWello and providing a copy of their report and their health history brief to their clinician at least 48 prior to their consultation. Consultations are based on the provider’s hourly rate and payment is expected at the time of service. Not every result will be analyzed, for known clinical utility of each result is not fully understood in the scientific community. The practice of nutrigenomics is not an exact science and no guarantees are made regarding medical recommendations.

For results that are analyzed, your clinician will incorporate your health history brief and SNP findings and make dietary supplement recommendations to support your individual nutrigenomic profile. Your clinician may also recommend additional laboratory testing depending on the symptoms and health status of each patient. While data and research is emerging daily on methylation and its nutrigenomic health implications, this is not an exact science and knowledge is still limited, so additional testing may be needed to better understand the patient’s case.

Important information about your nutrigenomic consultation:

1. Dietary supplements may interfere with prescription medications as well as other dietary supplements. It is important that the Neuronutrition clinician is aware of all supplements and/or medications you are taking.
2. Nutritional supplements for cognitive conditions and other health maladies are not a quick fix. Nutrigenomic therapy typically takes 2-3 months to see an improvement, with 6-12 months for healing. Good nutrition will always be an essential lifelong practice for achieving wellness.
3. While supplementing with dietary supplements can improve cognition and health functioning enough to be weaned off prescription medications, we do not recommend changing those medications without first contacting the prescribing clinician.

Patient Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Patient Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_